

[illegible]

WARTIME RECIPE FOR GRAY HAIR

Actress Gives Simple, Inexpensive
Recipe for Streaked or Faded
Gray Hair

Mrs. Macle, the well known New York actress, now a grandmother, and whose hair is still dark, recently made the following statement: "Gray streaked or faded hair can be immediately turned black, brown or light brown, whichever shade you desire, by the use of the following simple remedy that you can make at home."

"Merely get a small box of Orif powder at any drug store. It costs only 25 cents and no extra to buy. Dissolve it in one cup of water and comb it through the hair. Full directions for use come in each box. You need not hesitate to use Orif, as a \$300.00 gold bond comes in each box guaranteeing the user that Orif powder does not contain silver, lead, zinc, mercury, arsenic, or any other products of their derivatives."

"It does not rub off, is not sticky or greasy, and leaves the hair shiny. It will make a gray haired person look many years younger,"—Advertisement.

DIVORCES GIVEN TO FOUR MEN AND TWO WOMEN

The following, unimportant cases were disposed of before Judge Fox to the divorce court at East Cambridge.

Mrs. Lena M. Hill of Boston against Clarence G. Hill of Belmont. They were married March 7, 1914. She alleged intoxication.

Mrs. Ida L. Dunn of Everett against A. J. Dunn, for cruel treatment.

Kelman Bernstein of Arlington against Pauline Bernstein, for desertion.

Charles Sauter of Arlington against Eva Sauter of Lowell, for unfaithfulness. He was given the custody of a minor child.

Charles Lawson of Newton against Mary A. Lawson of Boston. They were married in Omaha, Neb., in May, 1914. He alleged desertion, and was given the custody of a minor child.

Robert Bell of Boston against Alice Bell of Cambridge, for desertion.

URGES GIRLS TO STUDY NURSING TO WIN WAR

By ELIZABETH ELLAM.

Twenty, and her own back pained cruelly as she bent over the back of the stethoscope on the cut in the nurse's ward, rubbing and bathing, and easing the pain from the terrible injury that was with the alcohol and the witch hazel that she used, it was dried quickly, as she bent with renewed courage to her task.

For "she" was a student nurse in one of the biggest hospitals in Boston, and is one of the hundreds of young women who are doing their bit to win the war.

"Every girl who enrolls in a training school for nurses is doing just as patriotic a thing today, as if she enrolled in the Red Cross for overseas duty. Every girl who scrubs hospital corridors, who performs mental tasks to ward or out patient department under the most trying conditions, is as much a heroine as if she hurried herself in the mud trials of Camp Devens for service."

"The superintendent of our training school as rapidly as we can—this is what she expects of us."

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"The superintendent of our training school as rapidly as we can—this is what she expects of us."

Garfield Will Keep the Home Fires Burning

By International News Service.

Washington, May 23.—Anthony Garfield, who is to be the individual consumer warm at home, cannot not be diverted into industrial channels.

This warning was issued by the Food Administration, Dr. Harry A. Garfield, the administrator, says he intends to keep the home fires burning. It was explained that one of the causes for the domestic shortage last winter in New England was due to the extreme shortage of bituminous, operators of large industries in the West had to allow them to have anthracite.

EVERETT SEEKS MONEY TO COVER TAX DEFICIT

Representative Greenwood of Everett was before the Ways and Means Committee in support of the bill that the city may have \$250,000 of the debt limit to cover the abatement of taxes. Greenwood says that the city is in a very bad financial condition, and that the city needs the money to cover the abatement of taxes. He said that the city is in a very bad financial condition, and that the city needs the money to cover the abatement of taxes.

ROSLINDALE MUNICIPAL BUILDING IS DEDICATED

The municipal building at the corner of Washington and Ashland streets in Roslindale was formally dedicated when a garden conference was held with a demonstration in planting. Potted plants and seeds were placed in the hands of the young people. Proceeds from the sale of bread at the Liberty Bread shop were also given for the same purpose, as were those made through the sale of candy and tea by a group of young girls.

FAVOR INCREASED PAY FOR MALDEN POLICE

Malden's finance committee has favorably reported the bill increasing the salaries of the police, by which policemen get \$14.00 per annum and captains \$21.00. Accompanying the bill was one from the Common Council stating that similar consideration would be expected when the firemen asked for an increase.

WALTHAM'S WAR CHEST DRIVE DISAPPOINTING

Waltham's war chest drive to secure clothing to cover the city's war charities during the coming year is not meeting with the success that its sponsors expected. The committee are being met with the assertion that many homes that the giving would rather choose their own charities and give to them individually.

To Give Ireland Travelogue

Misses Elizabeth and Helen O'Keefe will give their travelogue of Ireland tonight at 8 o'clock to St. Paul's Hall, Cambridge. Miss Sadie Dwyer, Thomas A. Quinn will be heard in Irish songs. The accompanists are William V. Blundell and Miss Mary Dwyer.

THREE FLOUR DEALERS ARE PUNISHED

The United States Food Administration has approved the recommendation of the Massachusetts Food Administration suspending the license of the Atlantic Flour Company, No. 16 Wall street, Boston, for 29 days. It has been agreed that the books of the Atlantic Flour Company be audited by a representative of the Food Administration at the expense of the company and that in the case of all sales made by the company to bakers the amount of excess profit shall be repaid by the company to the purchasers.

In the case of all sales of flour by the company at excess profit to bakers or to other persons when the ultimate loss was passed on to the consumer, the amount of excess profits derived by the company will be divided into three parts and donated to the Red Cross, the United States Food Administration, and the United States War Relocation Authority.

Open Every Evening Except Friday & Thursday

A Dollar or Two a Week Will
Do to Clothe a Family at

GATELY'S

Keep Values at the
Highest Standard
And prices at the lowest
level is the Gately
policy these days of
high cost.

And the public appreciation of this fact is what's swinging our business from a low level of 1917, every shoe of all former records.



Taffeta Silk
Dresses
Special occasions
for dress and
evening wear. All
new, high-waist
models in the
latest styles. \$15
to \$25.00. Special
values. Over price.

Men's and
Young Men's
Suits
If you
take a few
minutes
to make
comparisons
you'll find
that we
save you
from \$10
per garment
on usual
retail prices.
You'll find
new and
durable variety
materials for
tailor-made
suits, and
conservative
dresses.

\$19.50
\$22.00
Men's and
Young Men's
Suits

\$16.50
Up

GATELY'S
876 Washington

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BAYVIEW
10 Water St.
LYNN
22 Andrews St.
MILFORD
201-21 Middlesex

For Constipation
Carter's Little
Liver Pills
will set you right
over night.
Purely Vegetable
Small Pill, Small Dose, Small Price

Carter's
Liver
Pills

Will restore color to the face of
those who lack iron in the blood,
as most pain-free people do.

Carter's Iron Pills

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Carter's Iron Pills

T. M. C. A. and the Knights of Columbus was made, respectively. The Arms of Goldenberg & Herchan and the Union Importing Company are both forbidden to sell flour during the remainder of the war. The Federal license of the Union Importing Company has been revoked and so-called unfair orders have been addressed to all Federal licensees. In addition Goldenberg & Herchan have been fined \$1,000, which will be paid between the T. M. C. A. and the Knights of Columbus war funds.

Soldiers' Dependents Bill
Representative Gibbs of Waltham supported the bill to facilitate the filing of dependent relatives of soldiers.

Diseased Skin

Problems at once from the agency of skin diseases. The soothing wash of oils and ointments, 25c, 50c and \$1.00. It is guaranteed.

D. D. D.

GILCHRIST'S

Friday Specials FOR ONE DAY ONLY

For the purpose of inducing customers to visit our store on Friday, we have made these prices so low that we cannot fill mail or phone orders.

Silk and Cloth Coats

Friday Only
\$9.75
\$10.50 value.

Assorted lot made of handsome silk, wool, chiffon taffeta, wool poplins and many other materials. Large collars, belted all around. Slide or patch pockets.

Silk Dresses

Friday Only
\$3.49

Handsome striped taffeta in youthful gathered top styles. Two smart patch pockets make these very attractive. Sizes from 24 to 30 bust.

Taffeta Silk Suits

Friday Only
\$15.00

Smart models in belted effects. Large patch or belt in pockets. White overalls crepe collar. Plenty of yoke. Sizes for women and misses. Special Value.

Lingerie and Organdie Waists

Friday Only
\$1.19

Dainty waists, made of good quality lingerie and organdie.

Envelope Chemise

Friday Only
79c

Very effectively trimmed with lace and medallion back and front. Ribbon straps.

Children's Sandals

Friday Only
89c

Pretty patent leather 1 1/2 in. x 3 in. strap, 2 in. x 1/2 in. strap, and white canvas pumps. Sizes 2 to 5. White canvas strap sandals. Sizes 6 to 8.

Women's Hosiery

Friday Only
95c

White pure thread, fine, high spliced heel, reinforced heel sole, toes and garter top. Regular 8 1/2 quality. Subject to slight irregular weaves.

Ribbons

Friday Only
24c

Dreadlocks, novelties and smart satins and moires, 4 to 6 1/2 in. wide. For sashes, hair bows, fancy bags, etc. Good patterns and colorings.

Children's Drawers

Friday Only
43c

Of excellent quality cotton with gathered ruffle. Full cut garment. Size 2 1/2 to 12 years. 4th Floor.

\$1.50 Fancy Satin Linings

Friday Only
\$1.00

36 in. wide. Beautifully cut new bright colored figures. An excellent quality satin.

Storm Serge

Friday Only
98c

50 in. wide. Extra heavy colors navy, brown, green, beige and black.

Chiffon Taffetas

Friday Only
\$1.19

36 in. wide. Beautifully full all silk dependable quality in good assortment of colors.

Bleached Sheets

Friday Only
\$1.49

Under Cassette ticket. Subject to slight mill mark. Size 2 1/2 yds. Finished 3 and 4 inch hem. Each.

29c Ginghams

Friday Only
19c

Mill remnants of Red, Blue and Everette's Classic gingham.

Girls' Bloomer Dresses

Friday Only
\$2.29

Of excellent quality plaid gingham. High waisted with wide self belt. White collar and cuffs. Full cut bloomers. Girls 8 to 14 years.

Summer Kimonos

Friday Only
\$1.25

Black, white, rose, pink or Copenhagen blue. Wide collar, ruffled, black satin trimmings.

Boys' Sport Blouses

Friday Only
45c

For boys 7 to 14 years. Full cut, will tailored blouse. Sport style, short sleeves. Percale in stripes, plain colors and combination effects.

O' Cedar Oil Mop

Friday Only
59c

Regular 75c Mop—Triangle O' Cedar Oil Mop. Prepared ready to use.

Hammocks

Friday Only
\$13.50

Made of good quality khaki duck with fast color. National spring. Well tufted mattress. Also fitted with adjustable head-rest.

Lawn Settee

Friday Only
\$1.25

42 in. long. Well made, green and natural finish frame. Exceptionally low priced.

Rag Rugs

Friday Only
39c

Size 18x36. Cotton rug, washable. Fast colors. Used for either chamber or bath.

Coffee Price-Cut Sale

300 COFFEE 19c
400 COFFEE 29c
600 TEAS 45c

BUTTER 47c EGGS Extra 47c

Finest Quality "New Grass" Butter
Cheese 3lb. 31c

Rose Cond. Milk 14c
Lion Evap. Milk 11c
Crisco 30c
Quaker Oats 25c
Royal Bk. Powder 10c
Baker's Cocoa 18c
Ivory or Fairy Soap 24c
Gold Dust 10c
"Sunshine" Biscuits

Also 50 Suburban Stores Selling Groceries Only

THE GINTER CO.

15 Canal St. 183 Summer St. 22 Tremont St. 455 Washington St. 45 Broad St. 169 Washington St. 122 Tremont St.

Also 50 Suburban Stores Selling Groceries Only

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IPSWICH HOSIERY

SERIES
For Men and Women

For Men and Women

For Men and Women

For Men and Women

For Men and Women

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The things you'd never put in the Family Laundry

YES, it's beginning to look dusky around the edges of the cuff. There's a suspicious looking shadiness along the roll of the collar. Your precious new Georgette—You haven't the heart to dump it in with the general laundry. And yet you aren't wear it another time. It will only get dusky, and meet a still harder treatment from the heartless laundress.

If only you knew that that woman would not rub the life and the newness out of your dainty things!

Remember how she yellowed that gleaming white satin blouse in one washing? And the flesh colored crepe de Chine that everybody liked so much? Ruined! the very first day you trusted it out of your own hands!

You cannot afford to have your nicest things go so fast.

Don't hate the laundress! Don't squander your energy feeling murderous towards her! She has no grudge against your filmy things. She doesn't want to ruin them. She's simply keeping on washing them in the only way she knows—the old, old way that was good enough when materials were coarse and heavy and could stand hard usage.

You, yourself, with a fraction of the energy you once spent hating the laundress, can now gently rinse the dirt out of your finest things—take them from the pure Lux suds soft and gleaming and new!

The secret? No rubbing of a cake of soap on fine fabrics! No rubbing again to get the soap and the dirt out. Just the gentle cleansing with pure Lux suds that frail things must have to keep them unharmed.



Silk Underwear! Silk stockings! Lacy jabots washed like new!

Ask any friend of yours how she keeps her dainty things so new. Her white satin collar and cuffs. Her silk underwear that does not turn yellow. Her fine laces that do not weaken or tear.

It's the Lux way that does it.

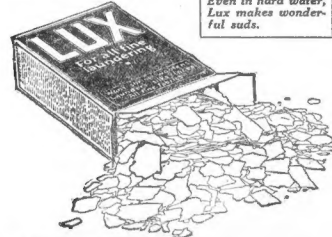
Lux is the most modern form of soap. There is nothing else like it. Lux comes in wonderful, delicate white flakes—pure and transparent. You tumble a tablespoonful of them into hot water, whisk them immediately into the richest, sudsiest lather, add cold water to make lukewarm, then drop your most exquisite blouse into the pure suds.

A few minutes' soaking to loosen the dirt—then you dip your precious blouse, your daintiest silk underwear, up and down in the warm suds, gently press the cleansing suds through the fabric again and again. The Lux suds leave it clean and new—not a fiber roughened or torn or weakened in any way.

Lux is so pure that it will not harm anything that pure water alone will not injure.

Just try a package of Lux today. Try it on the most precious thing you have. You'll never again trust your fine things to the old way of washing—nor blame the laundress for her cruelty to delicate things. You'll simply keep on dipping your daintiest things in the Lux suds, and having them back like new in less time than you ever dreamed was possible.

Even in hard water, Lux makes wonderful suds.



© Lux Soap Co. 1918



Baby's little woollens—how you dread to trust them out of your own hands!

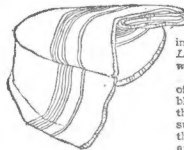
Try the new way—the Lux way. It's the free alkali in ordinary soaps that makes the wool fibers mat and shrink. It's the rubbing that shrinks and stiffens them.

The hot Lux suds—yes, very hot—will give them back to you soft and woolly with not a thread shrunken.

To wash baby's woollens

Mix very hot suds (two tablespoonfuls of Lux to the gallon), drop the flannels in, and let them soak till the water is cool enough for your hands to bear. Then twist the flannels up and down in the suds, till the dirt has been carried out of them into the suds. Rinse twice with clear water just as hot as the first water. Then a third rinsing of hot water in which you have dissolved a little Lux. (This leaves them wonderfully soft and woolly.) No twisting. Just squeeze the water gently out of the flannels, then hang them to dry in the shade. (Wash colored woollens in lukewarm suds and do not soak.)

You will bless Lux. You will always remember your delight with those first little flannels and booties that came so soft and new from their Lux tubbing.



Blankets, too. The miracle of Lux is not in cleansing sheer things only. Lux is wonderful for woollens.

Think of the luxury of not having to rub blankets! Just trusting them to the hot Lux suds—very hot suds—then twisting them up and down till every speck of dirt is out.

To wash blankets

Two tablespoonfuls of Lux to every gallon of water will give you a tubful of the richest lather, enough for a pair of large blankets. Then rinse twice in clear water, just as the water in which you washed the blankets, with a little Lux dissolved in a third hot rinsing.

Don't twist the blankets—just pass them through a loose wringer, then hang to dry in the shade. You'll never believe until you try it yourself that blankets could remain so soft and fleecy, so clean and new.

After that, you'll hardly wait to drop your most expensive sweaters into the Lux suds, your sport stockings, caps—anything that's woolen. Lux will always be a wonder to you. You will always take a fresh pleasure in the newness of the things you wash in Lux. (Wash colored woollens in lukewarm suds and do not soak.)



Have you a rare piece of lace? Something that you have treasured and laid away?

Don't keep it laid away! Trust it to the Lux suds.

Lux makes it possible for you to use your finest laces and table linens often. They will last you long, because you wash them yourself the modern way—without a bit of trouble—just gentle, pure Lux suds and no rubbing!

To wash laces

Whisk a tablespoonful of Lux into a thick lather in very hot water. Put the lace in and let it stand in the suds. Do not rub. Squeeze gently and dip up and down, unless very tender, in which case simply let stand in the suds. Rinse three times in water the same temperature as the water in which you washed it. Do not starch.

If the lace is very frail, before washing, it should be based on a piece of shrunken cheese-cloth which may be pulled taut and pinned for drying. Otherwise it should be carefully pulled, every point pinned into shape and left until dry. This leaves the lace flat and makes ironing unnecessary.

Be sure to get your package of Lux today. Your grocer, druggist or department store has it. Lever Bros. Co., Cambridge, Mass.

LUX

These things need never be spoiled by washing—Try washing them the Lux way

Silk Curtains	Lace Collars	Baby's Woollens	Corsets	Silk Underwear
Lace Curtains	Lace Jabots	Children's Fine Frocks and Lingerie	Georgette Blouses	Philippine Underwear
All Fine Fabrics	Washable Satin	Washable Satin Skirts	Washable Satin Blouses	Silk Stockings
Georgette Dresses	Collars and Cuffs	Corduroy Skirts	Blouses	Fine Table Linens
Crepe de Chine	Sweaters	Linen Skirts	Crepe de Chine Blouses	Washable Gloves
Dresses	Blankets			Washable Spats

To wash silk blouses

Whisk a tablespoonful of Lux into a thick lather in half a basinful of very hot water. Add cold water to make suds lukewarm. Dip your blouse through the foamy lather many times. Squeeze the suds through it—do not rub. Rinse in three waters of the same temperature as the water in which you washed it. Squeeze the water out—do not wring. Dry in the shade. When nearly dry press with a warm iron—never a hot one. Georgette crepe blouses should be gently pulled into shape as they dry and also should be shaped as they are ironed.

ASPIRIN For the past 14 years

Bayer of Tablets Aspirin



**er-time Responsibility —
Yours and Ours**

National necessity has put a new responsibility
every motorist.

Utmost service is demanded—the highest usefulness of yourself and your car.

Service and economy are your only considerations.

Our responsibility goes hand in hand with yours.

As the largest rubber manufacturer in the world, it is our duty to supply you with tires of unfailing liability and extreme mileage.

United States Tires are more than making good in this time of stress.

They are setting new mileage records—establishing new standards of continuous service—effecting greater economy by reducing tire cost per mile.

There is a United States Tire for every car—passenger or commercial—and every condition of motoring.

The nearest United States Sales and Service Depot dealer will cheerfully aid you in fitting the right tire to your needs.

monwealth Ave.

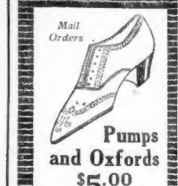
HOUGHTON & DUTTON CO. suitable for garden. The land alone would be cheap for the price asked. E. W. YORSE, 221 Hem st., Quincy. Office open week days.

COL. AZAN PRAISES MEN OF HARVARD R. O. T. C.

The Harvard R. O. T. C. made a splendid appearance at review at Fresh Pond, according to Colonel Paul Azan.

"I was pleased to see the effect of the good training upon the men of the R. O. T. C.," said the colonel. "They compare admirably with the best going on elsewhere in other camps. Their military training has undoubtedly done good work in his training. The men with good effect. A summer camp will soon be opened near Camp Devens, where the men will put to advantage their training."

ANDREWS



Mail Orders
Pumps and Oxfords
\$5.00
Brown and black patent leather, gray, black, brown, tan, military and low heel.
Corner Temple Pl. and Washington St.

Rely On Cuticura For Skin Troubles

All Diseases—Itch, Eczema, Ringworm, etc.

Don't Say "A Pound of Tea"—Say

"SALAM" TEA

then you'll get the real deliciousness of pure, fresh, fragrant leaves blended to perfection. At your grocer. Sealed packets only.

DEMOCRACY

NAME FOR TO COMMAND NEW BATTALIONS

By WILLIAM FLYNN.

Camp Devens, May 22.—The names of the four officers who will command the new battalions in the Depot Brigade were made public today. They are Captain Norman P. Lovett of Brookline, 20th Battalion; R. P. Holdsworth of Stoughton, 10th Battalion; John A. Wickham of Norwalk, O., 11th Battalion, and Russell T. Hatch of Boston, 12th Battalion.

Captain Hatch is a former member of the First Corps of Cadets and he makes the fifth former member of that organization to be placed in command of a Depot Brigade battalion.

Captain R. H. Worrell has been assigned to the command of the 25th Company of the Depot Brigade, which contains practically all of the men in the brigade who are on special duty.

The members of the brigade provost guard are grouped in the 26th Company commanded by Lieutenant W. F. Willis, a former member of the Providence police department.

First Lieutenants have also been assigned to command the other four new companies as follows: 33d, E. P. Fuller; 34th, G. H. Mack; 35th, H. M. Tracy; 36th, R. C. Ward; 37th, J. B. Pennington; 40th, R. H. Wadden; 41st, J. S. Haggerty; 42nd, G. P. McDonald.

First Lieutenant Carl Michel has been named adjutant of the 38th Battalion and Lieutenant George C. Phillips adjutant of the 39th Battalion. One-third of the funds of the companies in the first eight battalions is to be divided among the sixteen new companies.

Seven medical officers at this camp.

ARMY AND NAVY AMERICAN

BOSTON, THURSDAY, MAY 23, 1918.

EDITORIAL

The new men at Camp Devens are commencing to realize why the Army authorities are constantly telling the soldiers to take care of their feet. They are learning by experience, as the long hikes have their after-effects.

A few captains deliver orthopedic lectures to their commands in the barracks when the men return from an extended march, and when their feet are bothering them most.

This is a good plan for their commanders to adopt, as a soldier is more apt to pay attention to instructions when his feet are causing him pain than when they are not.

Care of the feet is a specialty in the service and if the soldiers do not do as they are told they must suffer the consequences. Two good feet are necessary to an efficient soldier. A limping soldier is a handicap to any army.

By B. HARRY FERRIS.

Aboard the Incoming Ship at Boston, May 22.—There are few men in the navy, certainly none on board the Incoming Ship, who such a record of faithful service for Uncle Sam as Chief Yeoman James J. Green.

On visiting days he is quite certain to attract the attention of the ladies, men and landowners, and numerous inquiries are sure to be made regarding the nine broad gold stripes on the sleeve of his coat.

Each stripe means that the wearer has served a term of enlistment, and when the stripes are of gold it signifies that the term has been completed with an absolutely clean record, not a single blemish has been broken and not a single black mark appears against the name of the possessor.

Chief Yeoman Green enlisted for the first time thirty years ago and was detailed to the U. S. S. Swatara. During his career he has seen the complete evolution of the navy. His work service all over the world, and he had a part in the little difficult with Spain.

After finishing his enlistment he requested that he be placed in the retired list and was granted and he retired to a small farm in Randolph.

He was raising children and garden crops when, at midnight on the day that the United States entered the war against Germany, he received a telegram from the Navy Department that his services were required on board ship. The next day he purchased a new uniform, walked over the gangplank from Summer street station, and has been on board the Incoming Ship ever since.

LIEUT. PHILAN MADE, CHIEF SUPPLY OFFICER

Lieutenant Phelan of the Incoming Ship, a nephew of James J. Phelan of the State Public Safety Committee, has been appointed chief supply officer of that command by Colonel Edward B. Logan.

In a letter to his uncle, Lieutenant Phelan stated that the boys of the regiment are in excellent spirits, that they have been through fire and flame and gave a good account of themselves.

Police Inspector to Retire

Inspector William P. McKenna of the Walham Police Department will retire on August 1, after thirty-four years' service on the force. McKenna recently asked for his retirement for physical reasons.

YEOMAN NOW IN LEGS BROKEN BY TENT TERM IN NAVY SHELL; WANTS TO GO BACK

Danger, May 21.—Rolling at the size of seventeen, taking part in four great battles—Tyne, the Somme, Vimy Ridge and Hill No. 70, stationed at periods in No Man's Land in charge of a machine gun squad, in one instance his gun being blown to bits, three men killed and four, including himself, severely wounded by a shell, several several times; in a hospital eleven months and now facing an operation to save his right leg—these are some of the experiences of Lieut. Corporal Reginald E. Madson, who is at home in Haverhill, a two-week visitor.

His parents, Mr. and Mrs. W. J. Madson, of No. 192 First street, who recently came here from New Brunswick.

Corporal Madson is able to walk without the aid of a cane. In addition to having both legs broken by shell wounds, he suffered five shrapnel wounds. He hopes to get back into the ranks again.

During the summer of 1914, in the Royal Canadian Mounted Police, he was sent abroad to duty in Italy, entering German territory, and he was captured by the Germans and stationed in the front line trenches, where he took his last rest in No Man's Land twelve times.

After sustaining injuries at Vimy Ridge he was sent to a hospital in England, where he was confined for eight months, at the end of which time he was sent back to the front and was obliged to return for a second time.

On his second leave he wears the uniform of a private, but he is replaced at the close of the war by a medal as a reward for distinguished bravery.

Water Bloat Fails to Get Man Into Marine Corps

Francis Bunyan of Montpelier, Vt., entered the Marine Corps recruiting station, No. 23 Tremont street, last night, but failed to get into the service because of his bloat.

When he was examined by a surgeon, told him he was bloaty.

Bunyan asked for an extension of time and returned after taking many glasses of water.

"Will you try me again?" asked the would-be recruit.

"Will you try me again?" asked the would-be recruit.

"What is the matter with you?" asked the doctor.

"You weigh enough, but you're gone strong on water. You can't expect to get into the Marine Corps on water bloat."

MAINE'S WAR STAMP SALES WAY BEHIND

Portland, Me., May 21.—That a warlike drive for the next six months will be necessary to place Maine at the top of the ladder in the War Savings campaign is indicated by the latest figures issued by Herbert J. Brown, State Director of War Savings.

In five and a half months up to May 15, the cash sales of Thrift and War Savings stamps in Maine amounted to \$1,523,290, on a quota of \$1,500,000, which must be attained by January 1, 1919.

DIVISION 29 TO SEND 60 DRAFTTEES TO CAMP

Thirty first class drafttees will be sent to New York next week by the draft board of State Division 29, which is made up of Concord, Woburn and surrounding towns. Twenty-four men will be sent from the 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th, 11th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, 30th, 31st, 32nd, 33rd, 34th, 35th, 36th, 37th, 38th, 39th, 40th, 41st, 42nd, 43rd, 44th, 45th, 46th, 47th, 48th, 49th, 50th, 51st, 52nd, 53rd, 54th, 55th, 56th, 57th, 58th, 59th, 60th, 61st, 62nd, 63rd, 64th, 65th, 66th, 67th, 68th, 69th, 70th, 71st, 72nd, 73rd, 74th, 75th, 76th, 77th, 78th, 79th, 80th, 81st, 82nd, 83rd, 84th, 85th, 86th, 87th, 88th, 89th, 90th, 91st, 92nd, 93rd, 94th, 95th, 96th, 97th, 98th, 99th, 100th, 101st, 102nd, 103rd, 104th, 105th, 106th, 107th, 108th, 109th, 110th, 111th, 112th, 113th, 114th, 115th, 116th, 117th, 118th, 119th, 120th, 121st, 122nd, 123rd, 124th, 125th, 126th, 127th, 128th, 129th, 130th, 131st, 132nd, 133rd, 134th, 135th, 136th, 137th, 138th, 139th, 140th, 141st, 142nd, 143rd, 144th, 145th, 146th, 147th, 148th, 149th, 150th, 151st, 152nd, 153rd, 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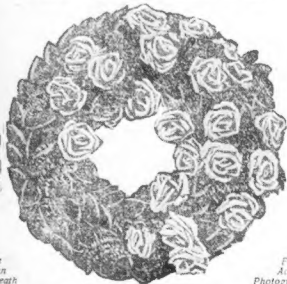
SHIPPING BOARD TO HOLD CONFERENCE HERE

Chiefs of the five government navigation and marine engineering schools of the United States Shipping Board from all sections of the country will gather at the Boston Custom House tomorrow and Saturday for a two days' conference with officials of the Shipping Board.

Harry Howard, director of the Shipping Board recruiting service, will preside.

Original
"Penn" Quality

Wreaths For Memorial Day



The Penn Wreath

From Actual Photograph

Originated by us eight years ago, this wreath has been copied the country over, but never bettered. Made of Magnolia Leaves, treated by our original process and combined with highest grade prepared roses. For real and lasting beauty this "Penn Quality" wreath has no equal.

3.00

Smaller Wreaths at \$2.00 and \$2.50

The Penn Guarantee

Is Worth Considering When Buying Wreaths

These wreaths are made up by our own experts, and sold under our absolute guarantee to arrive in perfect condition and remain in such only over Memorial Day, but for many weeks thereafter.

Order now—Remit by check or money order and we'll pay express anywhere in New England

Boston's Flower Shop 124 Tremont Street

JORDAN MARSH COMPANY



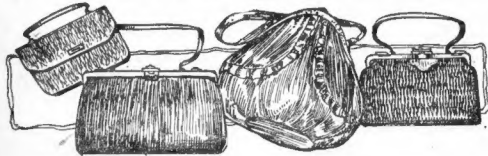
For the June Nuptials Engraved Stationery

Wedding Invitations, Announcements, At Homes, Church Ceremonies, Receptions, Personal Cards and all other forms of engraving for social or personal use. Special designs made up where desired.

All our work of this character is done by expert engravers, who have every modern facility for producing the most approved forms and the very best class of work.

A special section is devoted to this work, conveniently located on the street floor, New Building, where one may select comfortably from samples of the latest styles. If desired, suggestions and advice will be furnished by people experienced in stationery of this character. Samples and prices will be mailed, also estimates on special forms upon request.

Six Newest Hand Bags For Milady's Shopping and Travel



Over-Night or Week-End Bags, 14-inch frames fitted with change purse and deep pocket on side. Brass lock and sliding end catches. An excellent value which will give splendid satisfaction.....\$5.00

Batek Silk Knitting Bags, in beautiful colors. Silk lined, change purse in pocket. Very smart as well as dressy and serviceable.....\$5.50

Shopping Bags of dull and bright Pin Seal, lined with best quality moire silk, fitted with purse and mirror.....\$3.00 to \$5.00

Panther Grain Envelope Top Strap Bags, 9x6, inside metal frame, moire silk lined; change purse and mirror.....\$5.00

Black Vachette Vanity Bag, top handle, inside frame and change purse and mirror. Specially priced.....2.50

Automobile or Shopping Bags, made of the best quality Vachette Leather with three pockets and two fittings, change purse and mirror, leather lined with nickel trimmings, 10 and 12 inches.....6.50 and 7.50

Jordan Marsh Company

Humanity's Light: The American Red Cross. Help It This Week

OFFICIAL ENROLLMENT BLANK FOR GREAT FARM LABOR DRIVE

If you wish to enroll, fill out this blank and mail or take it to Victor A. Heath, chairman Boston Public Safety Committee, Room 51, City Hall, Boston.

U. S. DEPARTMENT OF LABOR

I, (Name) (Street number) (City or town) (State) Telephone Number, hereby enroll in the Emergency Farm Labor Section of the

U. S. PUBLIC SERVICE RESERVE

and express my desire to be notified of any opportunity to serve my country in agricultural work, and my intention to respond if possible.

Between what dates can you work?.....

Where can you work?.....

Age..... Physical disabilities, if any..... Can you work as single man?.....

Present occupation.....

What farming experience have you had?.....

.....

.....

Can you handle horses?..... Run an automobile?..... Milk a cow?.....

Can you handle farm machinery?..... 14-1429..... Enrollment Agent.

Employer's name..... Address.....

Editor Boston American, Dear Sir:

This committee would like to have a copy of our Farm Enrollment Card printed in the American. It will help this cause a great deal if you can arrange for this and I will appreciate it very much.

Very truly yours,

VICTOR A. HEATH, Chairman Executive Committee.

MEETING IN CAMBRIDGE ON CHILD WELFARE

The Child Welfare Department of the Woman's Committee of the Cambridge Unit of the Council of National Defense will hold a public meeting tonight at the Cambridge City Hall. Mayor Edward W. Quinn will preside. The following will deliver addresses: Dr. Eugene B. Kelley, State Commissioner of Health; Mayor Dr. Eugene A. Darling of Camp Devens; Dr. Bradford H. Pierce, medical inspector of Cambridge; Michael E. Fitzgerald, superintendent of schools in Cambridge; and Miss Agnes Turner, superintendent of the Cambridge Visiting Nursing Association.

ASK POLICE TO CATCH FORMER POLICE CHIEF

The police of Boston and nearby towns have been notified by Superintendent Michael H. Crowley to be on the lookout for Justin H. Carter, former chief of police of Amherst, N. S. Carter resigned as head of the force in Amherst in July of last year. In the following month he is thought to have left that town for the United States. The authorities in Amherst are trying hard to locate Carter, but for what reason, officials at Police headquarters here are reluctant to state. He is an iron moulder by trade.

BEGS MOTHER TO FORGIVE HER, COMMITS SUICIDE

Providence, May 22.—Begging her mother to forgive her for running away from home, Freida Ruth Crowell, sixteen years old, wrote a suicidal note before taking on the gas in a Rubin street lodging house and committing suicide.

She was the daughter of Ernest R. Crowell of Tilden street. Medical Examiner Merrill found the note clutched in the dead girl's hand.

SON OF E. G. PRESTON AWARDED WAR CROSS

Providence, May 22.—The second son of Mr. and Mrs. Elwyn G. Preston of No. 4 Remington road, Leasington, the first boy from that town to enter the United States service in the war, has been awarded the Croix de Guerre by the French Government for conspicuous service on two special occasions while under fire, the last one being in March.

Inter-Allied Oil Board.

Paris, May 22.—An inter-allied petroleum organization has been formed here, Commander Henry L. Jones is to represent the U. S.

TURN HAIR DARK WITH SAGE TEA

Grandma kept her locks dark, glossy and youthful with a simple mixture of Sage Tea and Sulphur.

The old-time mixture of Sage Tea and Sulphur for darkening gray, streaked and faded hair is grand-mother's recipe, and folks are again using it to keep their hair a good, even color, which is quite sensible, as we are living in an age when a youthful appearance is of the greatest advantage. Nowadays, though, we don't have the troublesome task of gathering the sage and the mossy mixing at home. All drug stores sell the ready-to-use product, improved by the addition of other ingredients, called "Weyl's Sage and Sulphur Compound." It is very popular because nobody can discover it has been adjusted. Simply moisten your comb or a soft brush with it and draw this through your hair, taking even small strands at a time; by morning the gray hair disappears, but what delight to the ladies with Weyl's Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few applications, it also produces that soft, lustrous and appearance of abundance which is so attractive. This ready-to-use preparation is a delightful toilet for those who desire a youthful, controlled appearance. It is not intended for the cure, mitigation or prevention of disease.—Advertisement.

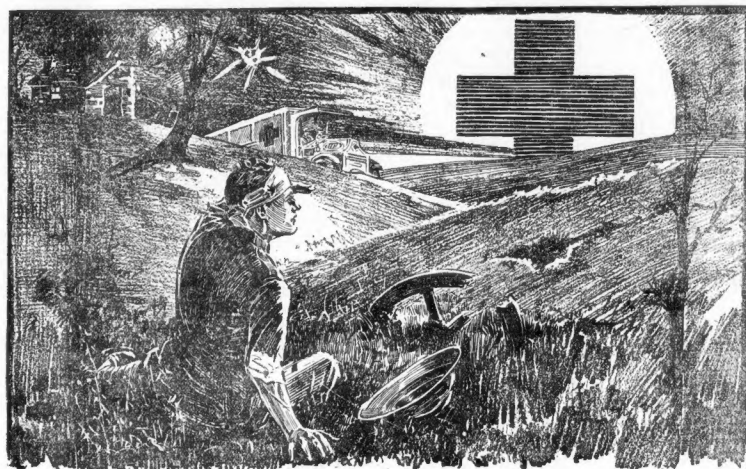
"CASCARETS"

They Gently Clean the Liver and Bowels, and Stop Head-ache, Colds, Sour Stomach, Bad Breath

Enjoy Life! Take Cascarets and Wake Up Feeling Fit and Fine—Best Laxative for Men, Women, Children—Harmless—Never Gripe



CASCARETS WORK WHILE YOU SLEEP



Is This YOUR Boy?

Is he straining his eyes for the ambulance that brings him hope?

The arrival of the Red Cross will save his life.

Are YOUR dollars helping to send that ambulance?

His life may depend on YOU.

Every cent of every dollar received for the Red Cross War Fund goes for War Relief, as all administrative expenses are paid from membership dues.

SECOND RED CROSS WAR FUND

Metropolitan Boston Division

EDWIN S. WEBSTER, Chairman

ROBERT C. MORSE, Vice-Chairman
ALLAN FORBES, Treasurer

HENRY B. SAWYER, Vice-Chairman
THEODORE T. WHITNEY, JR., Secretary

Make checks payable to Second Red Cross War Fund and send to Allan Forbes, Treas., Metropolitan Division, 125 Milk St., Boston, or First National Bank, Boston.

Happy Jack Squirrel's Thrift Club

By Thornton W. Burgess
Peter Rabbit at Last Made Happy

Thinking is a very serious matter. Don't you think so? It is with Peter Rabbit anyway. He doesn't do it very often, so perhaps that is why he finds it such hard work. He thought and thought and thought but with all his thinking he couldn't think of a way of making Happy Jack Squirrel think him thrifty enough to become a member of that Thrift Club Happy Jack had started.

"An associate member," he explained, "is not a regular member."

"I guess Happy Jack was right when he said that fellow has to learn thrifting when he is young," said Peter to himself. "I don't, and I guess I'm too old to learn now. Anyway it is too hard work. I wish I was thrifty. I wish I had learned how to be when I was a little chick."

The next day when he visited the green forest he was quite his old happy-go-lucky self as he watched his friends hurrying this way and snatching that way in quest of food and secure hiding-places under the leaves.

He even teased them about waiting a perfectly good day for play by working and when they replied by laughing at him with being selfish and thrifless he didn't mind in the least. Presently as he was hopping along he discovered some fine, fat, brown chestnuts half hidden beneath the leaves on the ground.

"It's a pity," thought Peter, "that some one who likes these shouldn't have them. They are out of the best use to me." He looked to see who was nearest. It happened to Happy Jack himself.

"Hi, Happy Jack," called Peter, "come over here. Here are some fine, fat, brown chestnuts."

Happy Jack hurried over and when he saw them his eyes sparkled. "Thank you, Peter," he exclaimed. "I wish you had more just like these. Then he hurried away with those fine, fat, brown chestnuts."

A few minutes later Peter found another. Happy Jack wasn't in sight. Thrifted Chestnut was said so Peter called him over to get the fine, fat, brown chestnuts. Then, without really thinking about it at all, Peter began to look for more fine, fat, brown chestnuts. It was fun. He

For while every day Peter would help his friends hunt for fine, fat, brown chestnuts. So it went until the harvest season was nearly over and the storehouse nearly filled. Then one day Sammy Jay came over to the dear Old Branch with a message for Peter. He was wanted ever by the big chestnut tree.

"What for?" demanded Peter. "Go and see," retorted Sammy. Now Peter was suspicious at once. He knew Sammy Jay of old. Sammy Jay had played too many tricks on Peter for Peter to feel any confidence in what Sammy might say. "Who wants me?" asked Peter.

"That's for you to find out," replied Sammy. "Probably it is Hodge Fox," said Peter, watching Sammy sharply. "I won't go."

"Of course," replied Sammy, his eyes snapping. "Was there ever a time that Hodge didn't want you? You are a wonderfully good guesser you are, Peter. Well, I've delivered my message. If you won't come over, you won't and I can't make you, but if you don't, you'll be sorry." With this Sammy started back for the Green Forest.

"Is he coming?" asked Happy Jack as Sammy joined them. "Of course he's coming," chuckled Sammy Jay. "He catches his tent, but you know Peter's curiosity as well as I do."

So everybody hid and it was so still there that had you happened along you would have suspected that there was a soul anywhere near. Presently there was a faint rustle of dry leaves on the ground. Happy Jack and his friends, peeping out from their hiding places, guessed, but they were silent. Chestnuts were down inside. There was Peter Rabbit, throwing a few steps, then slipping up very nimbly with his long ears pointed straight up to the sky.

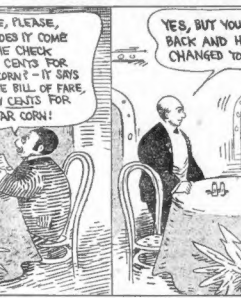
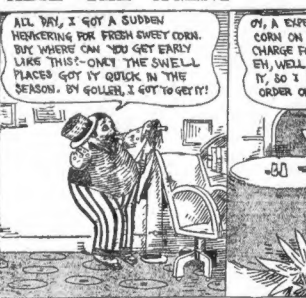
At last Peter reached the Big Chestnut tree. No one was to be seen. He didn't know whether to be relieved or disappointed. He started this way. He started that way. He started every way. So he was in a bit of a fix. "I know it," said Peter aloud. "I know it was one of that no-account Sammy Jay's tricks."

Then out jumped his friends from their hiding-places and together they

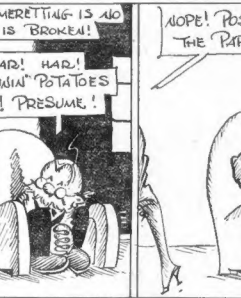
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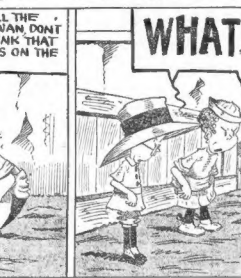
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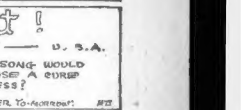
POLLY AND HER PALS



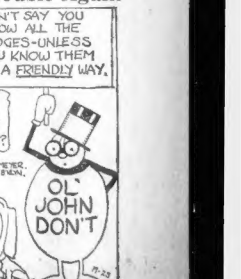
US BOYS



GOAT GRABBERS



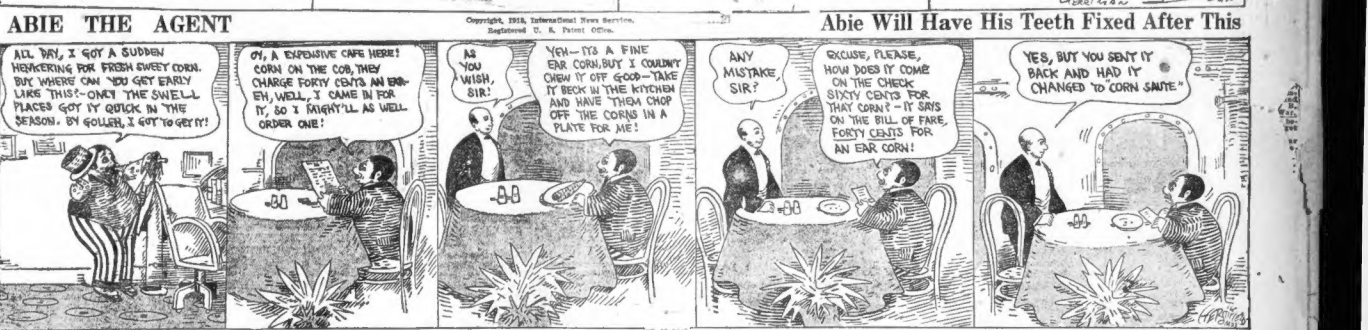
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That's Hard Work, Also



Yes, but Who'll Take Grimes' Place?



We May Well Be Proud of the Shipping Board's Achievement



Edward N. Hurley,

Chairman of the United States Shipping Board.

With the inconsistency typical of men actuated in their political manoeuvres by no higher motives than petty jealousy and personal gain, certain politicians who at one time were the main obstacles in the way of Administration measures of preparedness are now seeking in every possible way to belittle our war preparations in the eyes of the people.

That they will not succeed in the long run in their partisan business of backbiting and political slander is obvious to the student of the situation.

That they should not succeed NOW even temporarily in fanning the impudence that is characteristically American into a discontent with our Government and a division of loyalty is a matter of supreme importance in the conduct of the war.

For this reason the Hearst papers have undertaken to set forth in their true light the accomplishments of the Administration and some of the obstacles it has overcome.

In no part of its tremendous and unprecedented task has it been more hampered by the great profiteering monopolies and their tools and mouthpieces than in the great program of shipbuilding.

Nearly four years ago the Administration, foreseeing in a measure our great need of ships, asked Congress to appropriate \$80,000,000 for providing shipbuilding facilities under Government control.

Both in the House and the Senate there were secure majorities in favor of the bill, but the great monopolies, desiring every extension of public ownership as a step toward a full awakening of the American people and a summary ending of their opportunities of extortion, did not give up the fight, and found in "the courtesy of the Senate" the fit instrument for their purpose.

A band of Republican filibusters, headed by Senator Weeks of Massachusetts, the old-time Congressional champion of the Wool Trust, the Shoe Machinery Trust, and the Money Trust, talked the bill to death in the Senate and prevented it from reaching a vote.

The list of twenty-three Republican Senators who, as Senator Weeks announced on March 3, 1915, in the closing hours of the Sixty-second Congress, "desired to debate the bill from one hour to several hours each," reads like a leaf from Lincoln Steffens' "Treasure of the Senate."

In this list of filibusters were included Penrose and Oliver, of Pennsylvania; Elihu Root, of New York; duPont, of Delaware; Lippitt, of Rhode Island; Smoot and Sutherland, of Utah; Clark and Warren, of Wyoming; Gallinger, of New Hampshire, and Lodge, of Massachusetts. Not a

single one of the gigantic combinations that have fastened their stranglehold on America's public utilities and natural resources, from steel and Standard Oil down to the land and lumber grabbers of the Pacific Coast, failed that day to have its chosen champion on the firing line.

The conspirators were successful, the bill was defeated, the shipbuilding program was put back two full years, and the nation, instead of having ready an adequate working shipbuilding plant and organization when forced into the war, was caught wholly unprepared in this vital regard, and was driven to squander millions in frantic haste to meet an emergency which never should have arisen.

That the mischief done in the Senate three years ago by the very Republican leaders who are now falsely charging the National Administration with failure in war preparations has not proved to be beyond repair is due in no small measure to the zeal, energy and ability of Chairman Hurley and his associates of the Shipping Board.

What this Shipping Board has accomplished in spite of tremendous obstacles is little short of miraculous.

The problem of providing the enormous tonnage required to meet the demands of ocean transportation and make good the losses inflicted by U-boats would have been tremendously difficult in normal times.

This problem has had to be solved at a time when every branch of the military and naval service has been struggling for the same labor, the same material, and the same equipment that were needed by the Shipping Board, and when equal demands upon this labor, material and equipment have been made by the manufacturing interests turning out unprecedented quantities of military supplies for the allies.

In solving this problem the Shipping Board has had to build from the ground up.

We had almost ceased to build ships in America. With the exception of a few widely scattered shipyards, shipbuilding had almost become a lost art. Trained shipbuilders were few, and every man of them, and every one of the old shipyards, had been pressed into service to build vessels of war, and to fill the orders placed by foreign owners and by private concerns in America.

There was not one shipyard in the nation that could accept a contract to build a merchant vessel for the Shipping Board.

Every yard was filled to capacity, and before any ships could be built it was necessary to provide new shipyards and enlarge the old yards, to enlist mechanics and train them in shipbuilding—in short, to create in the shortest time possible A PRACTICALLY NEW INDUSTRY ON A GIANT SCALE.

There were in all thirty-seven steel shipyards in America in April, 1917, with a total of 149 shipbuilding ways, and twenty-four wooden shipyards with seventy-three ways, making 239 shipbuilding ways in all.

The Board has provided thirty steel shipyards with 203 ways, has built thirty-three new ways in the old yards, and has provided fifty-seven new wooden shipyards with 269 ways, making a total of 730 berths upon which merchant ships can be constructed, and GIVING TO AMERICA BY FAR THE GREATEST SHIPBUILDING CAPACITY IN THE WORLD—MORE THAN DOUBLE THE CAPACITY OF ENGLAND'S SHIPYARDS AFTER NEARLY FOUR YEARS OF WAR.

While the shipbuilding capacity adequate to the nation's needs has been under construction the gathering of the trained army of shipbuilders has gone on apace.

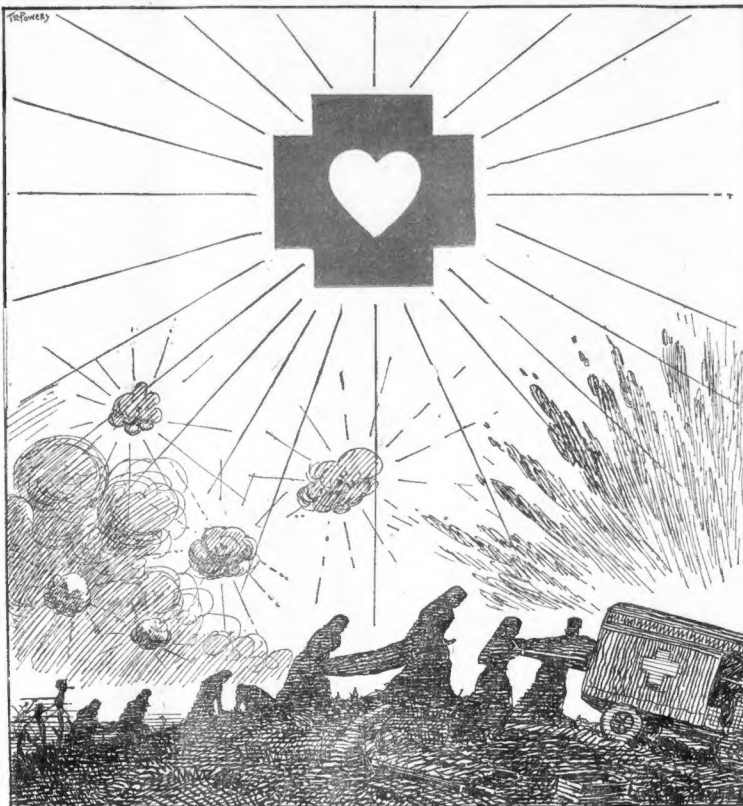
A few years ago there were less than 45,000 men all told employed in American shipyards. This number has been increased to 236,000, of whom 170,889 are working in actual ship construction, and the remainder in completing the yards and ways and in other branches of the industry. In addition, there has been recruited a volunteer force of 250,000 skilled mechanics, who are held in reserve in their present employments until called to the yards as the new ways become ready for the laying of the keels.

For the direction and supervision of the work a training school has been established at Newport News, from which 115 experts have already been graduated and sent out as instructors.

Meanwhile, the actual building of ships has been pushed ahead as the yards were made ready to receive them. There were contracted for during the year 8,205,708 deadweight tons of steel construction, of which 655,456 tons were completed and afloat on March 1st, and the remainder were advanced on the average over 20 per cent. toward completion.

In view of the obstacles that have been overcome, this achievement is one of which every American may well be proud.

The Heart of Humanity



The heart of the Red Cross beats for the wounded over there. Our boys take their lives in their hands. You take your money in your hands and give, give and give again to the Red Cross.

ELIZABETH JORDAN'S ARTICLE

Concerns a Trembling Volunteer Who Feels He Will Show Himself a Coward and Disgrace His Comrades—Better See a Good Doctor and Have His Nerves Treated

By Elizabeth Jordan

Dear Miss Jordan:

I am a soldier—a volunteer—in the National Army. From the time war was declared I knew it was my duty to serve my country. I am the eldest of four brothers. Our parents are to be comfortable circumstances. I am not married or engaged. In other words, I was free to enlist. My road was clear.

But—well—the truth is that road is the blackest road I ever looked down. To me it is full of terrors. I am as pale as a sheet as I used to be when I was a little chap. I was sent upstairs to bed and saw goblins and wild animals in the dark corner of the hall.

I suppose I am a coward. No one suspects it, for I volunteered. I whined myself up to that, and I am still here in training where there's nothing to be afraid of yet. But what I'm most afraid of is being afraid "never there"—and disgracing myself and my comrades. Shall I do you think? Am I a coward? And in there anything I can do to brace up? Every night I have the most horrible dream.

Forgive me for not signing my name to this.

DEAR VOLUNTEER, I believe that all you need, to make a good soldier of you, is time. I don't believe you are a coward. I don't believe you will fall when the test comes. But I do think you are nervously high strung and I suggest that you see a good doctor and put your case frankly before him. He will understand it. He is sure of that, and he will not think you are a coward.

Psychologists are now tracing to our earliest experiences many of the actions and attributes of our later lives. It is possible that those early terrors of your childhood account for much of your experience now. It is very probable that if they had been understood and eliminated by your family you would have been a different man today.

Many Like Him

But, after all, the important point for you to remember, my

boy, is that you are not alone in this mental condition. Many brave young fellows have experienced it; many are still experiencing it. And the great majority of them have been heroes in action when the test came.

Indeed, every brave soldier I have ever talked to has cheerfully admitted that he has known fear. He has not confessed it to his comrades, but he has felt it; and, as he gained in experience, he has realized that they felt it, too.

But they all add that a wonderful change takes place in a man during action. He is swept on and out of himself by excitement, by the presence of his comrades, most of all by the consciousness of work to be done. His time to do his part has come. He must do it bravely. And after he has once gone over the top he is never really afraid again. He may be nervous and highly excited, but he is not afraid.

So cheer up, Volunteer. There is nothing the matter with you except a high-strung, nervous system and an active imagination. It is your imagination that pictures with bogies the road to glory. It is your imagination that suggests that you will fall when the real test comes.

You won't fall. You will do exactly what your comrades do. And when you have done it you will exult as they exult.

"I was afraid I'd be afraid! But, thank God, I was not afraid, and I'm not afraid any more."

You will bring back from the war the poles and the strength of soul given to the men who have won such a victory.

Look around at your comrades. The splendid chaps you admire so much, the fellows who are training with such high enthusiasm, have their dark moments, too. Every soldier in every army and on every battlefield has known them.

Just "Sit Tight"

So "sit tight," Volunteer, and remind yourself that nerves and imagination are your only bugaboos. Make one strong resolution and keep it—NEVER LET YOUR MIND DWELL ON FEAR.

The moment it enters your thoughts banish it. If it comes during the day, do something at

once. Take violent exercise; take a long walk; talk to a comrade, or read a good book.

If it comes at night, displace it with another thought. Think of the persons you love most, or of the most interesting experience you have ever had, or compose a letter to be written the next day.

Get yourself into the best possible physical condition. Keep in it. Make a special point of being "fit" and athletic.

I predict that with a few months more of outdoor life and training you will be so built up and so thoroughly well that your nerves will cease to trouble you. Then, Volunteer, you will join the happy majority who say to the raw recruit:

"Why, yes, old chap. I've felt that way a thousand times. Don't worry about it. It's part of the game. Everybody goes through it, and everybody gets over it!"

When he has braced up, drive the nail into your cure by doing the reassuring words of a famous general.

"Only a fool has never known fear."

WACANT LOTS AND THE WAR

When Joseph Fels founded the Vacant Lot Cultivation Society in London, it was little thought that the time might arrive when it would become the inspiration and nucleus of movement to which the Government would look as one of its chief allies in battle for the nation's life.

In a recent letter to Mrs. Fels, the secretary of that society declared, "We quite anticipate that there will be \$200,000 allotted holders at work in gardens for this year's crops." And he adds that, "based on present retail prices, these men and women will produce approximately \$75,000,000 worth of vegetables—sufficient to satisfy the need of 7,000,000 people."

It has different branches over the country, and is organizing more, it sends out units of women wherever they are required. When these units are composed of those who have had no previous experience, they are under the charge of a leader who has had agricultural training and who instructs them in their tasks.

The Land Army will not accept the services of any girl under eighteen years, and she must sign for three weeks. The wages paid are fifteen dollars a month, with living expenses, and volunteer status and overalls are provided if desired.

Most of the work done by these women on the farms is of the lighter sort, but some especially strong girls are doing all the work usually allotted to men and are earning over it.

LONGING TO DO THINGS THAT ARE EXCITING

By Mrs. Wilson Woodrow

"Dear Mrs. Woodrow:

I know of no single soul of whom I can ask advice, so may I take the liberty of asking you? By the paper and the type you will probably guess that I am in an office, and you will immediately tell me that I should not waste the firm's time and that I should try to work up to be a secretary, etc. Well, I am a secretary.

"But that is neither here nor there. What I want to ask you about is this: What is one to do with a lot of surplus energy? I am nineteen, young and full of life. Ever since I was a child I have wanted to do things; nothing in particular, but just something exciting and adventurous. That is why I used my energy in such a way at high school that I was almost expelled several times. And now I don't know what to do. I am always waiting for adventures to come—and they don't."

Boys Bore Her

"Being young, I love to dance, and I don't know any young men to go to dances with. I have been living in New York a long time, and the average young men that I meet at parties and dances bore me to death."

"I wish I were a boy, then I'd enlist. That is one adventure. Or I would travel from one country to another until I saw the world. Won't you please tell me what to do? I want something exciting."

It's delightful to get a letter of this kind. It's like a fresh breeze blowing through the pine woods, and it is typical of others I've been receiving lately. It looks as if now, when so many of the backed-up forces that have stood between woman and opportunity are down, that girls feel more than they have ever done the call to more varied and various occupations.

"What is one to do with a lot of surplus energy?" Use it, my dear; expend it. Don't try to bottle it up. Anyway, there is no such thing as "surplus energy". You probably mean that you have more vitality, more will, more imagination and brains than most people with whom you come in contact. The gods have been good to you. And as for adventures, there may be a little bit in them just now; but I don't believe you can get them from the door. They gravitate toward you. You are the sort of a young woman who, if the sea were calm, would rock the boat to make the waves. Adventures are to the adventurous.

Your little plaint is humorously pathetic. "And now I don't know what to do."

The cry of your soul is for action. From a child you have longed to do things exciting and adventurous, and no one but every one about you as some and at school did his or her best to repress and discourage and uproot that tendency. It is the popular idea of education—to put individuals into the academic mill and turn out nonentities.

But how can I not knowing your qualifications, give you any advice that amounts to a row of pins? However, I can and do encourage you.

How do you like the idea of being a farmette? You might join the Women's Land Army. That is the great adventure for girls just now. They are taking it up eagerly.

Other Ways

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